

The Inside of ME

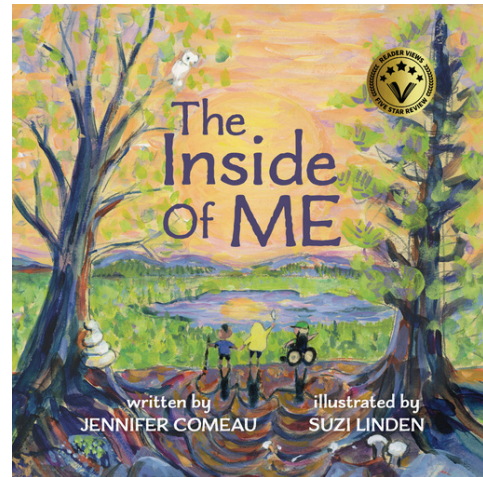
DISCOVER THE WONDER OUTSIDE, AND FIND THE BEAUTY INSIDE

The Inside of ME invites readers to step away from the noise and into the quiet wonder of nature. Every place visited in the book—from a mossy forest to a starlit beach—serves as an invitation to look inward. Through thoughtful prose and illustrations, readers will find the reminder that nature’s beauty is a mirror of the soul’s resilience and radiance.



If readers enjoy *At One in a Place Called Maine* by Lynn Plourde, *Good Night Mon* by Margaret Wise Brown, *Flora and Fern: Wonder in the Woods* by Duchess of York Sarah, or *My Friend Earth*, by Patricia MacLachlan, they’ll find a new favorite in *The Inside of ME*.

Jennifer Comeau is a Certified Forest Therapy Guide, singer-songwriter, and author-speaker. Her forthcoming debut novel, *A Moon in All Things*, is a woman’s quest to reclaim her ancestors’ old ways of healing and intuitive magic. She lives in Kennebunkport, Maine, where she works globally on restoring nature-human interconnection.



“The Inside of ME is a wonderfully whimsical and reflective picture book that will carry readers easily through some adventures in the natural world. However, it will also invite readers to take a pause and think about the spaces and nature that surround them.”

—5 Stars, Reader Views Kids

Softcover 978-1-961905-14-6 | \$14.99

E-book 978-1-961905-15-3 | \$4.99

8.5 x 8.5 | 40 pages | Age: 4 to 7 years

June 2024 | Free lesson plan available

Categories: Juvenile nonfiction, science & nature | Juv nonfiction, body concepts | Juv nonfiction, activity books

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