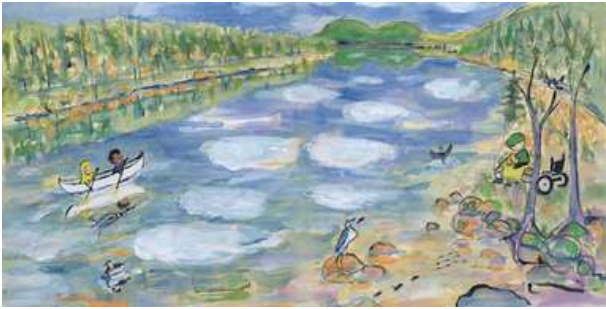


# The Inside of ME

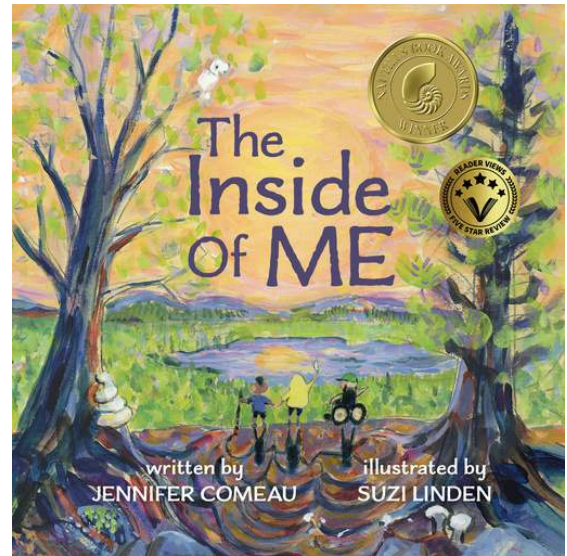
## DISCOVER THE WONDER OUTSIDE, AND FIND THE BEAUTY INSIDE

Winner of the 2025 Gold Nautilus Book Award, *The Inside of ME* invites readers to step away from the noise and into the quiet wonder of the natural world. Each setting—from a mossy forest to a starlit beach—offers a gentle invitation to turn inward. Through lyrical prose and evocative illustrations, the book reminds us that the beauty we see in nature reflects the strength, stillness, and light we carry within.



If readers enjoy *At One in a Place Called Maine*, *Good Night Moon*, *Flora and Fern: Wonder in the Woods*, or *My Friend Earth*, they'll find a new favorite in *The Inside of ME*.

**Jennifer Comeau** is a Certified Forest Therapy Guide, singer-songwriter, and author-speaker. Her debut novel, *A Moon in All Things*, is a woman's quest to reclaim her ancestors' old ways of healing and intuitive magic. She lives in Kennebunkport, Maine, where she works globally on restoring nature-human interconnection.



*“The Inside of ME is a wonderfully whimsical and reflective picture book that will carry readers easily through some adventures in the natural world. However, it will also invite readers to take a pause and think about the spaces and nature that surround them.”*

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